

Member EARLY Registration for ADULT Sunday+Monday Clinics - June Sessions 2.1-2.4

Hello member – We have you on our contact list to offer early access for registration into the upcoming June sessions of our ADULT Tennis Clinics. Please proceed to sign-up and make payment ASAP to hold your spot, using the following links:

[Session 2.1 LINK](#)

[Session 2.2 LINK](#)

[Session 2.3 LINK](#)

[Session 2.4 LINK](#)

As outlined in the information on the attached posters below, [Sessions 2.1 and 2.2](#) of our **ADULT Tennis 2.5 – 3.5 Clinic** and [Sessions 2.3 and 2.4](#) of our **ADULT Tennis 3.5+ Clinic**, will each run for 3 consecutive weeks, beginning either on Sunday, June 11th OR Monday, June 12th. There is an allowance in the schedule for each session to offer an additional make-up day, if needed, for a weather-related cancellation.

Each session will accommodate a maximum of four participants, and is available on a first-come, first-served basis. (***Session 2.4 is open for registration to Men ONLY due to court allocation restrictions previously laid out in our Club Calendar.**) Once you have hit the link, if your chosen session shows as **“Full,”** there is an opportunity to add your name to a waitlist for that session. If this occurs, we ask that you please email admin@nwtennis.com to have your name and session request added to our waitlist manually.

Prior to registration, we ask that you carefully consider your level of play using Tennis Canada’s self-rating guide:

<https://www.tenniscanada.com/wp-content/uploads/2015/12/Self-Rating-Guide-English.pdf>

It is important that members self-assess as accurately as possible so that Coaches may offer the same level of instruction to all participants in a session. If you are unsure and you would like to discuss your playing level to find the best fit, please contact Club Pro – Jack Pei Xiao directly at jackpxtennis@gmail.com. Our Coaches will be making the final determination about level placement within each session, and they may reach out to you ahead of the first week if adjustments in class structure need to be made.



ADULT Sunday and Monday Clinic Programs – SPRING 2023

Adult Tennis 2.5 – 3.5 Clinic

Instruction will focus on how to initiate a point by directing the serve to the FH or BH side of an opponent; maintaining a consistent rally with improved reception of wider, higher/deeper, and lower/shorter balls; and receiving volleys of varying heights while playing the net position. Coach to Student Ratio: 1 to 4

Court 4 ONLY	Session 1.1 (3 Classes – June 4 make-up day)			Session 2.1 (3 Classes – July 2 make-up day)		
Day of Week:	Sunday			Sunday		
Dates:	May 14	May 21	May 28	June 11	June 18	June 25
Time:	5:00-5:55 pm	5:00-5:55 pm	5:00-5:55 pm	5:00-5:55 pm	5:00-5:55 pm	5:00-5:55 pm
Cost:	\$90/Member and \$100/Non-Member			\$90/Member and \$100/Non-Member		

Court 4 ONLY	Session 1.2 (3 Classes – June 5 make-up day)			Session 2.2 (3 Classes – July 3 make-up day)		
Day of Week:	Monday			Monday		
Dates:	May 15	May 22	May 29	June 12	June 19	June 26
Time:	5:00-5:55 pm	5:00-5:55 pm	5:00-5:55 pm	5:00-5:55 pm	5:00-5:55 pm	5:00-5:55 pm
Cost:	\$90/Member and \$100/Non-Member			\$90/Member and \$100/Non-Member		



ADULT Sunday and Monday Clinic Programs – SPRING 2023

Adult Tennis 3.5+ Clinic Instruction will focus on how to win singles and doubles points by using spin to control the arc of the ball; starting points by serving to an opponent's weak side and returning serve with a variety of placements (crosscourt/line/lob); maintaining a crosscourt exchange by sending and receiving balls with topspin; and, at the net, pressuring opponents with directed volleys and responding to lobs with an overhead. We will also introduce consistent slice skills. Coach to Student Ratio: 1 to 4

Court 4 ONLY	Session 1.3 (3 Classes – June 4 make-up day)			Session 2.3 (3 Classes – July 2 make-up day)		
Day of Week:	Sunday			Sunday		
Dates:	May 14	May 21	May 28	June 11	June 18	June 25
Time:	6:00-6:55 pm	6:00-6:55 pm	6:00-6:55 pm	6:00-6:55 pm	6:00-6:55 pm	6:00-6:55 pm
Cost:	\$90/Member and \$100/Non-Member			\$90/Member and \$100/Non-Member		

Court 4 ONLY	Session 1.4 (3 Classes – June 5 make-up day)			Session 2.4 (3 Classes – July 3 make-up day)		
Day of Week:	Monday (*Men's Night Timeslot)			Monday (*Men's Night Timeslot)		
Dates:	May 15	May 22	May 29	June 12	June 19	June 26
Time:	6:00-6:55 pm	6:00-6:55 pm	6:00-6:55 pm	6:00-6:55 pm	6:00-6:55 pm	6:00-6:55 pm
Cost:	\$90/Member and \$100/Non-Member			\$90/Member and \$100/Non-Member		

***Monday Men's Night Timeslot: Session 1.4 and Session 2.4 are open for registration to Men ONLY due to court allocation restrictions previously laid out in our Club calendar.**

Finally, it is important to acknowledge that there has been careful thought put into planning additional member access to clinic/lesson opportunities this season. Court allocation is a unique challenge for our Club, with only 4-courts and seasonal outdoor play. However, despite our humble size, we are a Club with a proud history. As an Executive, we are striving to provide our members with access to professional coaching, organized play events, and free access to our courts to just show up and hit some balls. It is a balancing act that we take very seriously. We hope that you will embrace the opportunities provided, participate as fully as possible, and share feedback as you wish.

Wendy Sider
NWTC President